

Procedure for Psychological/Neuropsychological Testing Preauthorization

Health Tradition covers psychological and neuropsychological testing only if found to be medically necessary and appropriate and if **all** of the following apply:

- A thorough clinical assessment by a qualified mental health provider has been conducted. A thorough clinical assessment includes a review of mental status, social functioning, applicable medical information, history, and applicable collateral information.*
- There is significant uncertainty about a diagnosis that affects the choice of treatment interventions.
- The patient's symptoms are complex or unusual so that diagnosis and clarification of symptoms can be accomplished only through such testing.
- There are distinct treatment options based on the differential diagnoses that are clarified through the testing.
- The testing is likely to produce the required diagnosis and clarification necessary for planning treatment.

Examples of testing not covered are: (1) testing to assist with custody placement, (2) vocational or academic assessments, and (3) testing being performed to answer clinical questions that could be answered by a comprehensive clinical interview or a referral to a board-certified psychiatrist.

If you feel that this request meets all of the above criteria, please complete and return the enclosed request for authorization form to the attention of Behavioral Health administrative assistant. You may send it either by fax to 608.781.9654 or by mail. Our medical services coordinator or medical advisor will review the request and determine if it qualifies for coverage under our health plan. We will notify you of our decision in writing.

If you have questions about this process, please call our Customer Service Department at 877.832.1823.

***If testing is requested for a medical diagnosis, this mental health assessment may be waived.**

